



## Green Salad with Pickled Beets

*This simple salad is also beautiful, and has some serious flavor!*

**Recipe tested by:** Diana Dibblee, PDT

### Ingredients:

- 2 cups mixed greens
- 1 ripe avocado diced
- 1/4 cup diced cucumbers
- 1/2 cup diced peppers
- 1/4 cup red onion sliced
- 1/2 cup diced pickled beets
- 1/2 cup goat cheese crumbled
- 1/4 cup roasted nuts (pine nuts, pistachios, almonds, pecans or walnuts work well)
- Fresh ground pepper and sea salt to taste



### Instructions:

1. Mix all ingredients. Sprinkle with your favorite salad dressing (try the easy one below!).

### *Salad Dressing (optional):*

- 1 cup olive oil
- 1/3 cup apple cider vinegar
- 3 Tbsp honey
- 2 garlic cloves, minced